

CURRICULUM „PHYSICAL STUDIES“ 2018.2019

Extra qualification on the job



Which are the essential contents of the extra qualification „Physical Studies“?

„Physical Studies“ imparts the participants an additional qualification in physical theatre. During the training they are working on competences in corporeal mime, classical pantomime, improvisation, composition, neutral and character mask. Particularly important is the body work. With a special training for performers we are developing the basics of modern body – and motion studies. For the scenic play the body develops his precision of the technique as well as playfully through recreational play and motion fantasy.

„Physical Studies“ – How long does it take?

6 intensive weekends + 1 week (7 days) during 1 year.
„Physical Studies“ consists of 160 instruction units of 45 minutes each.

How are the seminars designed ?

The training "Physical Studies" impart basic principles of the physical play, scenic understanding and the abilities for developing own ideas for theatre. The different units are built on one another – with the goal to gain more freedom, awareness and expression in performance.

These are the topics of the seminars:

1. Basics I
 - Work on the playful body
 - Corporeal Mime
 - Improvisation
2. Basics II
 - Work on the playful body
 - Corporeal Mime
 - Composition
 - Improvisation
3. Contemporary Mime I
 - Work on the playful body
 - Corporeal Mime (counterweights)
 - Composition
 - Mime techniques
 - Manipulation
 - Scenic play (Daily situations: Get up, Kitchen, Office...)
4. Contemporary Mime II
 - Work on the playful body
 - Corporeal Mime
 - Composition
 - Mime techniques
 - Manipulation
 - Scenic play (Daily situations: Get up, Kitchen, Office...)
5. Mask play I
 - Work on the playful body
 - Corporeal Mime (scarf mask)
 - Composition
 - Neutral mask
6. Mask play II
 - Work on the playful body
 - Mime Corporeal (scarf mask)
 - Composition
 - Character mask
7. Compact – workshop (7 days)
 - Work on the playful body
 - Corporeal Mime
 - Deepening of the gathered skills
 - Creation of the final presentation

Which people can participate in „Physical Studies“?

“Physical Studies” are open to all levels !

The training on the job is particularly suitable for people of the following professions:

- teacher
- therapist
- theatre pedagogue
- performer (actor, artist, dancer, musician)

„Physical Studies“ are also open for people, who “just” want to deepen their hobby.

Are there any necessary preconditions ?

- You are at least 18 years old. There is no maximal age limit.
- It would be good to have experiences in dance, theatre or another kind of moving (e.g. yoga...)

Who are the teachers?

Nicoletta Dahlke (Director MimeCenter Cologne)

Teaching: Corporeal Mime, composition, ballet, body work

Training in classical ballet Regina Knispel (Wuppertal, Germany), Karin Thierbach (Solingen, Germany) and Yves Casati (Paris, France). Pantomime – study with the famous Marcel Marceau in Paris (École Int. Mimodrame de Paris, Marcel Marceau). Diploma – Education in physical theatre in London at the International School of Corporeal Mime (technique Etienne Decroux with Steven Wasson / Corinne Soum). Graduated also to: BdR – Back schoolteacher, legato – body educator (Method R. Knispel), moderator and speaker.

Since 1997 Nicoletta Dahlke is working as mime. She was member of several European companies including the “Théâtre de l’Ange Fou” und “Compagnie Lina do Carmo”. In 2000 she founded her own company “Mimentheater Köln”, with whom she plays her solo and ensemble productions.

Since 1998 Nicoletta Dahlke works as teacher for mime and dance. So she was teaching at the Theaterschule Wuppertal and at the Constantin Drama School in Bochum.

2005 opening of the MimeCenter Cologne.

Since 2009 she is offering a 3 year fulltime education in Mime / Physical Theatre (diploma).

Benny Becker

Teaching: Corporeal Mime, improvisation / free play, mask, composition

Education in Mime / Physical Theatre at MimeCenter Cologne (Diploma).
Further training in contemporary dance with Susanne Dickhaut.

Performer and director at the Mimentheater Cologne for commercial events
and theatre - e.g. with the production "ANDEERS" of the Mimentheater Cologne.

B. Becker is part of the team of lecturers of the MimeCenter Cologne. So he is also teaching
improvisation a composition for fulltime education class "Physical Profession". Furthermore he
works as music pedagogue and composer.

What can you learn by attending „Physical Studies“ ?

The weekend-workshops and the intensive week take place in a creative atmosphere. You will
plunge intensively into the subject „Physical Theatre“.

We will offer you a combination of the technique of Etienne Decroux (dramatique corporeal
mime) and the theatre play after Jacques Lecoq. This is an extraordinary mixture of a strong
technique and a free play.

Corporeal Mime is more an art of movement than an art of silence!

Corporeal Mime is a clearly structured technique of physical theatre. It's based on a large study
of possible isolations of bodyparts, rhythm of motion and the force of gravity to men.

By use of technical exercises, original figures of Etienne Decroux, repertory pieces and
improvisations we do connect the technical and the dramatic aspect of corporeal mime.

Over time the actor gets a feeling for three-dimensional motion and learns how to build
tensions. Result: The motions are getting more precise, the kind of play becomes more clear
and the actor gains more presence on stage – a presence which is shown through the body.

The study of technique (as in music) allows the actor to do what he wants, not only what he can.
At the end this gives you more freedom, more imagination and more clarity!

Complemented will be this programme with teaching units after **Jacques Lecoq** – to increase
the free playing, scenic understanding and your possibilities to develop your own ideas on
stage.

Main points will be for example:

“basics of improvisation of the silent play“, “neutral mask” and “character mask”.

With the extra qualification „Physical Studies“ you will cultivate your skills in physical theatre, improve your experience in physical play, body language, presence, mime and mask play.

After successfully completed „Physical Studies“ physical theatre will enhance your professional life - and perhaps also your one!

How is the extra qualification „Physical Studies“ certified?

After successfully completed „Physical Studies“ and after the final presentation you will get a certificate with a description of the contents.

Which dates you should reserve for „Physical Studies“?

„Physical Studies“ consists of 160 instruction units of 45 minutes each.
6 intensive weekends + 1 week (7 days) during 1 year.

Dates 2018.2019 (under reserve):

1. WE, Friday 12. – Sunday 14.10.18
2. WE, Friday 16. – Sunday 18.11.18
3. WE, Friday 11. – Sunday 13.01.19
4. WE, Friday 15. – Sunday 17.02.19
5. WE, Friday 05. – Sunday 07.04.19
6. WE, Friday 24. – Sunday 26.05.19

Intensive week: Monday 01.07. – Sunday 07.07.19
(also possible 15.07. – 21.07.19)

Timetable (incl. breaks):

Weekend - workshops: Friday 6 pm – 9 pm
 Saturday 10 am – 6 pm
 Sunday 10 am – 2 pm

Intensive week: Monday - Friday 10 am – 5 pm
 Saturday (show) 1 pm – 10 pm
 Sunday (ending) 11 am – 1 pm

„Physical Studies“ fees

The costs of the extra qualification are 1.735,- €.
In addition to 50,- € registration fee.

The total costs of 1.785 € are payable in a prepayment of 250 € with registration and by monthly instalment of 11 x 135 € (October 2018 – August 2019).

Upon payment of the total costs until 1st of October 2018 we do give 7,5% discount.

Where you can stay overnight ?

On demand we will send you a list with possibilities for overnight stays in Cologne.

How can I apply for „Physical Studies“?

Please fill out the application form and sent it together with your CV, letter of motivation and a photo to our office:

MimeCenter Office, Wachtelweg 1c, 50829 Köln, Germany.

For getting the application form please sent us a mail to: info@mimecenter.de

How do I sign in for „Physical Studies“?

You send us your application like it´ s written above. If there are still places left, we will send you your personal contract. By returning this contract you are registered bindingly for „Physical Studies“.

Next start: 12th of October 2018

MORE INFORMTIONS + REGISTRATION:

info@mimecenter.de oder 0049 / 221 / 788 25 01